

## LASER TRAINING AT RVYC THIS WINTER

Calling all IOW laser sailors!

The Royal Victoria Yacht Club will again be running weekly laser training on Sundays from early January through to mid-March. Timetable below.

Alternate Sundays will feature full-day training with invited RYA coaches interspersed with RVYC-organised half-day early sessions. The format will be similar to last year for those who took part but there are a few differences:-

1. The cost of the RYA sessions has been REDUCED to £10 per person per session. Food and drinks will be chargeable extras this year.
2. Non members will have to join as Temporary Members at a cost of £65 which will last until the end of March.
3. RVYC sessions are FREE to members (including temporary members).

Arrival time for all sessions will be 0900. You are not expected to be rigged or changed at this time but that is when the day's briefing will take place.

All rigs are welcome but sailors must be experienced, competent and fully equipped for sailing in winter conditions. Please email Steve Sheridan ([stevenpsheridan@gmail.com](mailto:stevenpsheridan@gmail.com)) to register your interest.

### ISLAND GAMES 2013

Anyone aspiring to represent the IW in Bermuda in 2013 is encouraged to take part in these sessions. The RVYC has been asked to organise a co-ordinated approach to training and eventual selection of the team for 2013 and beyond. Mark Southwell, the IW Island Games Sailing Co-ordinator is also a member of the international sailing committee and will feed into the Club all information available to ensure a team represents the IW in Bermuda. At present he has advised the IW Team Manager that sailing is likely to field a full team in 2013. Mark will keep the RVYC advised of developments.

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<b>Date</b>	<b>HW</b>	<b>event</b>
8 Jan 2012	10:29	RVYC laser training
15 Jan 2012	15:16	RYA laser training
22 Jan 2012	10:25	RVYC laser training
29 Jan 2012	14:59	RYA laser training
5 Feb 2012	9:22	RVYC laser training
12 Feb 2012	14:15	RYA laser training
19 Feb 2012	9:24	RVYC laser training
26 Feb 2012	13:54	RYA laser training
3 Mar 2012	6:26	Qualifier, HISC
4 Mar 2012	7:49	Qualifier, HISC
11 Mar 2012	13:17	RYA laser training
17 Mar 2012	6:40	Qualifier, Stokes Bay
18 Mar 2012	8:07	Qualifier, Stokes Bay
24 Mar 2012	12:23	Qualifier, Weymouth
25 Mar 2012	13:54	Qualifier, Weymouth