

# RVYC Training Requirements Questionnaire 2008

We would like to know if RVYC members are keen to take part in any of the following courses. Please indicate your choice(s) as appropriate and return this form to the Club as soon as possible. Thank you.

## First Aid

Yes / No

This course is designed to provide a working knowledge of first aid for people using small craft and to support skippers. The course covers first aid and resuscitation techniques for yachtsmen, including a knowledge of the treatment for hypothermia. A First Aid Certificate is valid for 3 years.

## Basic VHF Radio

Yes / No

A session centred round club use of handheld VHF radios and the base radio for communication between Race Officers and rib crews, Cadet helpers ashore and afloat, etc. It is a useful introduction to the Short Range VHF/DSC Radio course.

## Short Range VHF/DSC Radio

Yes / No

This radio operator qualification authorises the holder to operate a VHF radio fitted with Digital Selective Calling on board any British vessel which is voluntarily fitted with radio equipment. The course covers the use of marine radios including GMDSS; plus routine, distress, urgency and safety procedures. N.B. A prerequisite to this course is the Basic VHF Radio or equivalent experience.

## Day Skipper Shorebased Course

Yes / No

A comprehensive introduction to chartwork, navigation, meteorology and the basics of seamanship. Invaluable for learning how to start making decisions on board and if you are considering taking the Day Skipper practical course.

## Yachtmaster Offshore Shorebased Course

Yes / No

This course is ideal for candidates for the Coastal Skipper practical course and Yachtmaster Offshore exam. Some revision of the Day Skipper shorebased course is included, plus more advanced skills in offshore and coastal navigation by day and night, collision avoidance, safety, passage planning, pilotage and meteorology.

## Club Racing Coach Level 2

Yes / No

A weekend course for experienced racers which gives an introduction to coaching techniques, and race training. It provides the basic skills to safely run a brief, on the water exercise and debrief.

## Powerboat Level 2

Yes / No

This course provides the skills and background knowledge needed to drive a powerboat and is the basis of the International Certificate of Competence. The course includes launching, mooring, anchoring and recovery plus close quarters handling, high speed manoeuvres, man overboard recovery and collision regulations.

## Safety Boat

Yes / No

A course providing the skills required when acting as an escort craft, safety boat or coach boat for a fleet of dinghies, windsurfers or canoes, or for racing or training activities. The course covers boat handling, towing, fleet management, and rescue techniques.

## Alone Afloat

Yes / No

For those who go afloat as a couple or lightly crewed. This course for aims to promote confidence in both skipper and crew being able cope in an emergency situation through understanding abilities, knowledge requirements and the use of simple aids.

**Feedback:** If you have suggestions or ideas for training which are not listed above, please tell us below.

Name:

Tel:

Email: